



OT HAND- WRITING GROUP



Handwriting is a major occupation of children as they learn and develop at kindergarten and school. It is also a very complex skill, which many children have difficulty mastering. Occupational Therapists have expertise in assisting children to develop sound hand writing skills through the use of play, fun activity and their knowledge of performance components required for handwriting.

This week the OT department commenced our first ever handwriting groups targeting children from 4 to 10 years old. There are three classes: Play and Write Prep, Play and Write Fun and Play and write Advance. Each class runs for one hour over six sessions in January.

With the program cleverly designed by Fiona Tipping, you may have seen us outside, making a mess with paint and cotton buds, colored water squirters and shaving foam. Inside, mediums like play dough, theraputty and ripping paper are being used - All in the name of developing an effective pencil grip, prewriting skills and letter formation.

The groups are being enjoyed by children, parents and therapists alike. Fun is the emphasis and participants hardly know they are working.

