



MEDIA RELEASE

Parent Support Service - Little Day Out

7 June 2017

"We all want what is best for our children and for most of us that is to raise happy, healthy and confident kids", said Mrs Felicity Cummins, Parent Support Service Co-ordinator, "but where do we start and who teaches us how to do that?"

The Parent Support Service gives parents the information they want to better understand their child's needs and the hands on practical support to develop the skills required.

This year's theme for the Little Day Out is "Building Blocks for Baby's Brains". Parents and caregivers are the foundations of the building blocks for baby's brains. They are the most trusted source of information and guidance for children and it is therefore important that we support parents and carers to provide this foundation.

Parents and carers with a solid base of knowledge and confidence in caring for children, gives our little people a base from which to learn, grow, develop, love, seek and explore their world in a nurturing and assuring way.

"At the Parent Support Service at Sunraysia Community Health we are about developing the skills to understand our child's needs and therefore be able to take on early parenting issues with confidence", said Mrs Cummins.

"Each family we see has a unique group of needs and so we individually tailor the education and support specifically to the requirements of the family", she said. "Goals are both long and short term and success can be as little as a small step in the right direction".

The Parent Support Service is looking forward to speaking with parents and parents-to-be at the Little Day Out, offering snippets of education, valuable resources and information about how to be a part of our service at Sunraysia Community Health.

Please see our website for full information about the Parent Support Service: www.schs.com.au

END

Media enquiries to:

Felicity Cummins – Parent Support Service Co-Ordinator
Parent Support Service – Sunraysia Community Health.
03 5022 5444